IV immunoglobulin confounds JC virus antibody serostatus determination

ABSTRACT

Objective: To determine the impact of therapeutic infusion of IV immunoglobulin (IVIg) on John Cunningham virus antibody (JCV Ab) serostatus and level in serum.

Methods: We carried out a retrospective analysis of serum levels of JCV Ab among STRATIFY-2 trial enrollees from 2 multiple sclerosis centers who were exposed to IVIg during the trial. For the subset of eligible patients, we estimated mean linear trends while on IVIg and after stopping IVIg with a linear mixed-effects model.

Results: The JCV Ab seropositivity rate in the group of patients that was recently exposed to IVIg was 100%, which is significantly higher than in the IVIg-naive population (58%, \( p < 0.001 \)). The seropositivity rate in the patient group with remote IVIg exposure was similar to that in the IVIg-naive population (67%, \( p = 0.68 \), Fisher exact test). The slope of the linear trend line after stopping IVIg decreased significantly by \( -0.310 \) units per 100 days (95% confidence interval, \( -0.611 \) to \( -0.008 \); \( p = 0.04 \)).

Conclusions: Recent IVIg exposure is invariably associated with JCV Ab seropositivity. After stopping IVIg, JCV Ab levels tend to decrease with time, and seroreversion to innately Ab-negative status can occur.

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GLOSSARY

Ab = antibody; CI = confidence interval; IRIS = immune reconstitution inflammatory syndrome; IVIg = IV immunoglobulin; JCV = John Cunningham virus; mAb = monoclonal antibody; MS = multiple sclerosis; nOD = normalized optical density; PML = progressive multifocal leukoencephalopathy.

John Cunningham virus antibody (JCV Ab) seropositivity is the most important risk factor for progressive multifocal leukoencephalopathy (PML) in patients with multiple sclerosis (MS) treated with natalizumab.\(^1,2\) Accurate determination of JCV Ab serostatus is critical for clinical decision-making but may not be possible under certain circumstances. For example, plasmapheresis depletes circulating JCV Ab severalfold and may lead to false-negative results in the short-term.\(^3\) The present article examines an inverse scenario: the impact of therapeutic infusion of IV immunoglobulin (IVIg) on JCV Ab serostatus.

The phenomenon of false-positive serology results following IVIg is well-documented\(^4-6\) but easily overlooked in practice\(^7-10\) and clinical trial design.\(^11\) A case in point is the JCV Antibody Program (STRATIFY-2; NCT01070836; Biogen Idec), which assesses rates of JCV Ab seropositivity in patients with MS who are being treated, or who are considering treatment, with natalizumab. STRATIFY-2 did not exclude patients who were receiving IVIg.\(^12\)

Our 2 centers have enrolled 1,251 patients with MS into STRATIFY-2, of whom 98 patients (7.8%) were retroactively identified as having had IVIg exposure during the trial period. The present article examines this subset of IVIg-treated STRATIFY-2 enrollees in order to better understand the effect of IVIg on JCV Ab serostatus and level in serum.

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METHODS A total of 1,251 patients with MS were enrolled in STRATIFY-2 at the NYU Multiple Sclerosis Care Center (New York, NY; J.H., principal investigator) and the Barnabas Multiple Sclerosis Care Center (Livingston, NJ; I.K., principal investigator). Medical records of all STRATIFY-2 enrollees from the 2 centers were examined to extract demographic information and to determine which of the participants were exposed to IVIg during the trial period and the time interval from exposure to JCV Ab testing. Pharmacy records were examined to ascertain dates of IVIg administrations. We identified 98 STRATIFY-2 enrollees from the 2 centers who were exposed to IVIg. In our centers, we use IVIg off-label during pregnancy and the postpartum period,13,14 as an add-on to the standard disease-modifying therapies, in patients who are unable to tolerate standard therapies,13 and in patients with comorbid conditions requiring IVIg, such as chronic inflammatory demyelinating polyneuropathy or immunodeficiency. IVIg brands include Gammagard Liquid (70% of patients), Privagen (25%), and Gammaplex and Gamunex-C (5%).

In addition to STRATIFY-2 trial samples of IVIg-treated enrollees, we included in our analysis STRATIFY JCV and STRATIFY JCV Dx SELECT results obtained commercially as part of routine care (Focus Diagnostics Inc., Cypress, CA). JCV Ab seropositivity was calculated in subgroups of patients: IVIg-naive, JCV Ab-tested within 30 days of IVIg infusion, and JCV Ab-tested more than 30 days after last infusion. The time frame of 30 days was chosen because nearly all of our IVIg-treated patients were on IVIg 0.7 g/kg/month.

We also calculated the level of JCV Ab in serum, measured in monoclonal JCV antibody (mAb) equivalents, in all samples tested prior to IVIg (“pre-IVIg”), within 30 days of IVIg (“during IVIg”), and more than 30 days after last IVIg exposure (“post-IVIg”). The level of polyclonal JCV Ab in patient serum was derived by interpolating the numerical output of the assay for positive samples in normalized optical density (nOD) or index for each sample against a reference curve prepared using a mAb to JCV. A 5 parameter curve was used to correlate JCV Ab index \( R^2 = 1 \) or nOD \( R^2 = 0.999 \) to JCV mAb level up to an index of about 3 or nOD up to about 1.4 using SoftMax Pro GxP v 5.3 software (Molecular Devices, Sunnyvale, CA). Significance was determined using a nonparametric one-way analysis of variance with Kruskal–Wallis analysis in GraphPad Prism 6.0 software (La Jolla, CA).

For the subset of patients for whom both “during IVIg” and “post-IVIg” JCV Ab levels were available, we estimated mean linear trends while on IVIg and after stopping IVIg with a linear mixed-effects model. The model assumes that “during IVIg” relative concentration and change in relative concentration over time varied randomly among patients according to a multivariate normal distribution with a mean of zero and a covariance matrix that reflected the correlations among repeated observations on the same patient. This model is appropriate when the number of repeated observations is not constant among participants and times of measurement differ from one participant to the other (“unbalanced design”),16 as in our study.

RESULTS Numbers of patients and seropositivity rates in the IVIg-naive, “during IVIg,” and “post-IVIg” subgroups are shown in the flowchart in figure 1. The seropositivity rate in the IVIg-naive population (58%) differed significantly from the seropositivity rate in the “during IVIg” group (100%, \( p < 0.001 \)) but not from the “post-IVIg” group (67%, \( p = 0.68 \), Fisher exact test).

The relative concentrations of JCV Ab in the first available samples tested prior to IVIg (“pre-IVIg”), within 30 days of IVIg (“during IVIg”), and 30 days after IVIg exposure (“post-IVIg”) are shown in figure 2. The relative concentration of the “during IVIg” group (median 2.12 \( \mu g/mL \)) was significantly greater than the “pre-IVIg” group \( (p = 0.0004; \text{median } 0 \mu g/mL) \) and the “post-IVIg” group \( (p < 0.0001; \text{median } 0.51 \mu g/mL) \). The “pre-IVIg” and “post-IVIg” groups were not significantly different from each other \( (p = 0.72) \).

We identified 20 patients with at least one JCV Ab level available, we estimated mean linear trends while on IVIg and after stopping IVIg with a linear mixed-effects model. The model assumes that “during IVIg” relative concentration and change in relative concentration over time varied randomly among patients according to a multivariate normal distribution with a mean of zero and a covariance matrix that reflected the correlations among repeated observations on the same patient. This model is appropriate when the number of repeated observations is not constant among participants and times of measurement differ from one participant to the other (“unbalanced design”),16 as in our study.

Standard protocol approvals, registrations, and patient consents. The study was approved by the institutional review boards of NYU School of Medicine (New York, NY) and Barnabas Medical Center (Livingston, NJ).

Figure 1 Numbers/seropositivity rates of IVIg-naive and IVIg-exposed STRATIFY-2 enrollees

<table>
<thead>
<tr>
<th>IVIg-naive</th>
<th>Seropositive*</th>
</tr>
</thead>
<tbody>
<tr>
<td>n=1,143</td>
<td>58%</td>
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<table>
<thead>
<tr>
<th>Enrolled</th>
<th>n=1,251</th>
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</thead>
</table>

<table>
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<tr>
<th>IVIg-exposed</th>
<th>Seropositive^</th>
</tr>
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<tbody>
<tr>
<td>n=98</td>
<td>100%</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>Tested within 30 days after IVIg</th>
<th>n=71</th>
<th>Seropositive^</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tested &gt;30 days after IVIg</td>
<td>n=21</td>
<td>Seropositive^^</td>
</tr>
<tr>
<td>Missing data</td>
<td>n=6</td>
<td></td>
</tr>
</tbody>
</table>

* — % of enrollment samples, ** — date of IVIg and/or concentration of JCV Ab could not be determined. ^ indicates that if there was >1 sample per patient, we considered the sample tested earlier in time, ^^ indicates that if there was >1 sample per patient, we considered the sample tested later. Ab — antibody; IVIg — IV immunoglobulin; JCV — John Cunningham virus.
least one JCV Ab result more than 30 days after IVIg was stopped. Using a linear mixed-effects model, the estimated slope of the linear trend line during the treatment phase was not significantly different from that of a flat line (0.066 units per 100 days; 95% confidence interval [CI], -0.188 to 0.319; p = 0.61; based on 4 patients). The slope of the linear trend line after stopping IVIg decreased significantly by -0.310 units per 100 days (95% CI, -0.611 to -0.008; p = 0.04; based on 20 patients).

Finally, we present JCV Ab levels in 6 particularly informative patients whose baseline, innate JCV Ab levels were measured prior to initiation of IVIg and who were then retested within 30 days of IVIg exposure and, in 4 patients, >30 days after stopping IVIg therapy (figure 3). All 6 subjects showed a marked rise in JCV Ab levels from baseline levels after IVIg was started. JCV Ab levels decreased after IVIg was stopped and 2 out of 3 patients who were seronegative prior to IVIg seroreverted to seronegative status within months of stopping IVIg.

**DISCUSSION**

JCV Ab seropositivity of 58% in our IVIg-naive group is in excellent agreement with prior reports. In contrast, all 71 patients who received IVIg 0.7 g/kg infusion within 30 days of testing were JCV Ab seropositive (100%). Thus, JCV Ab testing should not be done within 1 month of IVIg exposure.

Our data further suggest that circulating JCV Ab levels decrease after IVIg is discontinued. The seropositivity rate in patients who were tested more than 30 days after IVIg was 68%, which is not significantly different from IVIg-naive patients but is significantly lower than the “during IVIg” group (figure 1). Moreover, mean JCV Ab levels in the IVIg-treated group were significantly higher than in the group that stopped IVIg (figure 2). Of importance, we observed a downward trend in JCV Ab concentration of approximately 1.12 mEq/year in a patient subset for whom we had both “during IVIg” and “post-IVIg” measurements. Taking into account the wide CI, a consequence of small sample size, we would expect that in 95% of patients, JCV Ab concentration would decrease by 0.03–2.23 mEq over a 1-year period. This estimate suggests that an innately JCV Ab seronegative patient who experiences modest increases in JCV Ab concentration while on IVIg will likely serorevert to negative status after discontinuation of IVIg. This was indeed observed for 2 out of 3 seronegative patients for whom “pre,” “during,” and “post” data were available (patients 2 and 6 in figure 3). The only innately seronegative patient who did not revert to seronegative status after discontinuation of IVIg was patient 3. Although this patient’s JCV Ab level dropped precipitously from 1.7 mEq while on IVIg to 0.2 mEq after 51 days off IVIg infusion (patient 3 in figure 3), she was still above the seropositivity cutoff. As JCV Ab levels consistently decrease over time after stopping IVIg, it is probable that even patient 3 would revert to seronegative level after a longer time interval.

Our data have important implications for clinical practice and clinical trial design. Patients with MS may not necessarily be at “high risk” for natalizumab-associated PML based on a positive JCV Ab result if testing was done soon after IVIg (and perhaps other Ig-containing blood products as well). Instead, such patients should be retested for JCV Ab with the expectation that the JCV Ab levels will decrease, on average, by 1.1 mEq over a 12-month period. Obtaining a more precise estimate of the time interval for retesting IVIg-exposed patients would require a prospective study with regularly scheduled JCV Ab testing. Failure to recognize that IVIg can confound JCV Ab status may result in overestimation of PML risk and consequent denial of a highly effective MS therapy to eligible patients. Although IVIg is not a commonly used MS medication—less than 8% of our cohort was exposed to it—ensuring that JCV Ab testing is performed before IVIg should minimize the risk of confounding results. In the future, future studies may consider adjusting the criteria for JCV Ab seronegativity in patients who are taking IVIg, as the baseline level may be lower than in IVIg-naive patients.

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to this drug—it is used by some practitioners for prevention of relapses in the peripartum period and for other indications, as described in the Methods section.

We advocate that future trials of serologic markers exclude patients with recent IVIg exposure (or at least require documentation thereof). STRATIFY-2 data should be reexamined to assess the impact of IVIg treatment on JCV Ab seropositivity assessment. Lastly, significant elevation of JCV Ab levels in serum following IVIg infusion raises a possibility that IVIg may have a role in the management of PML/immune reconstitution inflammatory syndrome (IRIS). A study of IVIg, a safe and well-tolerated therapy, on PML-IRIS should test this hypothesis.

**AUTHOR CONTRIBUTIONS**

Ilya Kister: study concept and design, analysis and interpretation of data, drafting of the manuscript, critical revision of the manuscript for important intellectual content. Geoffrey Kuesters: collection, analysis, and interpretation of data; drafting of the manuscript; critical revision of the manuscript for important intellectual content. Eric Chamot: analysis and interpretation of data, critical revision of the manuscript for important intellectual content. Meena Subramanyam: analysis and interpretation of data, drafting of the manuscript, critical revision of the manuscript for important intellectual content. Joseph Herbert: study concept and design, analysis and interpretation of data, drafting of the manuscript, critical revision of the manuscript for important intellectual content, study supervision.

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**DISCLOSURE**

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**Figure 3** Effect of IVIg on endogenous relative concentration (in mAb equivalents) of JCV Ab

Six patients shown in this figure have had John Cunningham virus antibody (JCV Ab) testing prior to initiation of IV immunoglobulin (IVIg) and within 30 days of IVIg, and patients 1, 2, 3, and 6 also had testing after stopping IVIg therapy (>30 days after last dose). “Zero” time represents the date of the first sample collected prior to IVIg treatment and is the reference point for other samples and IVIg infusion dates. The shaded area is the time between the first and last IVIg infusion plus 30 days. Zero relative concentration represents samples that did not have detectable anti-JCV Ab. The red line represents the limit of detection of assay translated in monoclonal (mAb) equivalent. All patients showed a significant rise in JCV Ab relative concentration while on IVIg, and most patients showed a significant decrease in relative concentration in mAb equivalents of JCV Ab after stopping IVIg treatment. Two of the 3 patients with appropriate available samples reverted to seronegative several months after stopping IVIg.
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