Complement Factor I Gene Variant as a Treatable Cause of Recurrent Aseptic Neutrophilic Meningitis

A Case Report

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Abstract

Mutations in the complement factor I (CFI) gene have previously been identified as causes of recurrent CNS inflammation. We present a case of a 26-year-old man with 18 episodes of recurrent meningitis, who had a variant in CFI (c.859G>A, p.Gly287Arg) not previously associated with neurologic manifestations. He achieved remission with canakinumab, a human monoclonal antibody targeted at interleukin-1 beta.
**Case**

An 18-year-old man presented to the emergency department (ED) with 4 days of rigors, sweats, and new-onset headaches associated with photophobia and nausea.1-4 His medical history included recurrent painful gum and hard palate ulcers as early as 10 years of age, allergic rhinitis, and asthma. He denied substance use, animal exposures, and recent travel. His monozygotic twin brother had been recently diagnosed with ulcerative colitis and had a history of oral ulcers and 1 episode of presumed aseptic meningitis, though never confirmed by CSF analyses.

Vitals were notable for a temperature of 38.4°C. The remainder of his general and neurologic examinations was normal except for neck stiffness, prompting a lumbar puncture (LP). CSF analyses demonstrated cloudy colorless fluid, a total white blood cell (WBC) count of 2,201/μL (reference range 0–5/μL) with a differential of 68% polymorphonuclear leukocytes (PMNs) and 31% lymphocytes, a red blood cell (RBC) count of 14/μL (reference range 0–5/μL), glucose of 44 mg/dL (reference range 40–70 mg/dL), and protein of 142 mg/dL (reference range 15–45 mg/dL). Gram stain, bacterial and fungal cultures, cryptococcal antigen, and herpes simplex virus type 1 (HSV-1) and HSV type 2 (HSV-2), and bacterial and fungal cultures, cryptococcal antigen, and herpes simplex virus type 1 (HSV-1) and HSV type 2 (HSV-2), and enterovirus PCR showed negative results. Basic laboratory values were normal. He was treated empirically with IV methylprednisolone, vancomycin, and meropenem for presumed bacterial meningitis. Blood cultures showed negative results, and antibiotics were discontinued. Repeat LP 3 days later demonstrated WBC of 877/μL with a differential of 94% lymphocytes, RBC of 47/μL, glucose of 48 mg/dL, and protein of 42 mg/dL. He represented to the ED 3 months later with headaches and a temperature of 38°C, but an LP was normal. Repeat LP 3 days later demonstrated WBC of 2,201/μL (reference range 0–5/μL), glucose of 44 mg/dL (reference range 40–70 mg/dL), and protein of 142 mg/dL (reference range 15–45 mg/dL). Gram stain, bacterial and fungal cultures, cryptococcal antigen, and herpes simplex virus type 1 (HSV-1) and HSV type 2 (HSV-2), and enterovirus PCR showed negative results. Basic laboratory values were normal. He was treated empirically with IV methylprednisolone, vancomycin, and meropenem for presumed bacterial meningitis. Blood cultures showed negative results, and antibiotics were discontinued. Repeat LP 3 days later demonstrated WBC of 877/μL with a differential of 94% lymphocytes, RBC of 47/μL, glucose of 48 mg/dL, and protein of 42 mg/dL. He represented to the ED 3 months later with headaches and a temperature of 38°C, but an LP was not performed, and he was discharged with supportive care.

The patient remained healthy until 2 years later when he presented to the ED with similar symptoms, which responded well to prednisone. Over the subsequent 2 years, he continued to have attacks of headaches and low-grade fevers with repeat LPs demonstrating aseptic neutrophilic meningitis (Figure 1). Additional infectious testing including CSF metagenomic next-generation sequencing (mNGS), rheumatologic testing, and autoimmune testing including autoimmune encephalopathy panel and aquaporin-4 antibodies was unrevealing. A full body PET scan evaluating for malignancy was normal.

Four years after his initial presentation, the patient presented with a first-time generalized tonic-clonic seizure. He was febrile, somnolent, and disoriented immediately postseizure. While several prior brain MRIs were normal, a repeat brain MRI during this admission showed symmetric T2 signal abnormalities in the hippocampi (Figure 1). His mental status improved in the acute period, but he continued to have cognitive deficits with neuropsychological testing demonstrating new deficits in verbal discrimination, attention, and working memory. He had ongoing temporal lobe seizures that decreased in frequency with the initiation of valproic acid and lamotrigine. A follow-up brain MRI 1 month later was normal.

During and independent of attacks, the patient also developed painful ulcers on the base of the mouth and inner lips. During 1 attack, he developed a painful scrotal ulcer. HSV-1 and HSV-2 swabs showed negative results, and biopsies were benign. He also had a painful erythematous lesion that would wax and wane on his right lateral leg. Given concern for neuro-Behçet disease, treatment with colchicine and azathioprine was initiated, which improved the ulcers but did not prevent the meningitis flares. During flares, the patient was treated with 80 mg of oral pulse prednisone for 5 days with rapid symptom resolution, followed by a taper. However, he became steroid dependent with disease flares when weaned under 20 mg of prednisone daily. Due to ongoing attacks, he was transitioned from azathioprine to infliximab for 5 months without improvement (Figure 1).

His family history and phenotype marked by recurrent ulcers and aseptic meningitis, along with extensive negative infectious, rheumatologic, and malignancy workup, raised concern for a monogenic autoimmune inflammatory condition. Whole-exome sequencing revealed a nonsynonymous variant in CFI (c.859G>A, p.Gly287Arg). Subsequent genetic testing in his brother confirmed the presence of the same variant. The variant is rare (allele frequency 8.5 × 10−5 in Genomic Aggregation Database non-Finnish Europeans)5 and consistently predicted in silico to be deleterious (Sorting Intolerant from Tolerant score 0, range 0–1 with <0.05 considered deleterious; PolyPhen score 1.0, range 0.0–1.0 with >0.908 considered probably damaging; and Combined Annotation-Dependent Depletion PHRED score 23.2, indicating top 1% of most deleterious variants).6 It is located on the calcium-binding low-density lipoprotein receptor type A (LDLRA) domain, which likely plays a role in the protein’s structure.7 Notably, several reports describe alternative mutations in CFI with phenotypes of recurrent aseptic meningitis and encephalitis and other systemic

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**Glossary**

aHUS = atypical hemolytic-uremic syndrome; AMD = age-related macular degeneration; ED = emergency department; HSV-1 = herpes simplex virus type 1; HSV-2 = herpes simplex virus type 2; LDLRA = low-density lipoprotein receptor type A; LP = lumbar puncture; MAC = membrane attack complex; mNGS = metagenomic next-generation sequencing; PMNs = polymorphonuclear leukocytes; RBC = red blood cell; WBC = white blood cell.
complications responsive to IL-1 blockade. Based on his mutation, functional complement studies were performed, including total classical complement pathway activity (CH50), alternative complement pathway activity (AH50), C3, C4, C3c, and C1q component concentrations, and Factor levels I, B, and H, all of which were normal.

In this context, anakinra, a recombinant IL-1 receptor antagonist, was initiated with a slow prednisone wean. Given the injection site pain and rash, the patient was subsequently transitioned to canakinumab and successfully weaned off prednisone. He remains on 150 mg of canakinumab monthly and at the last follow-up had no recurrence of ulcers or meningitis in more than 20 months (Figure 1).

To further assess the immune response of our patient, we analyzed the host gene expression data generated by the clinical mNGS assay from whole CSF collected during an acute meningitis episode and compared it with that obtained from a cohort of 47 patients with autoimmune encephalitis and 47 patients with bacterial meningitis. Unsupervised hierarchical clustering demonstrated our patient’s gene expression pattern aligned more closely with that of the bacterial meningitis cohort (Figure 2). Notably, our patient also showed an elevated expression of IL-1 receptor 2 (IL-1R2), a protein that inhibits the effects of IL-1 and which may have been upregulated in the context of increased inflammation, thus potentially explaining the successful treatment with IL-1 blockade (Figure 2, asterisk).

Discussion

We describe a patient with more than 15 episodes of aseptic neutrophilic meningitis with concurrent mouth and genital ulcers and subsequent meningoencephalitis, seizures, and persistent cognitive deficits who was found to have a non-synonymous heterozygous mutation in CFI p.Gly287Arg. CFI is a critical inhibitor of the classical and alternative complement pathways by cleaving C3a and C3b. Perturbations lead to uncontrolled activation of the complement system and subsequent increased formation of the membrane attack complex (MAC). Complete CFI deficiency, a recessive disorder, is exceedingly rare and classically presents with severe bacterial infections, including CNS infections with encapsulated organisms. Emerging evidence suggests inappropriate activation of the complement cascade secondary to mutations in CFI may play a role in systemic autoimmune diseases such as atypical hemolytic-uremic syndrome (aHUS), age-related macular degeneration (AMD), and leukocytoclastic vasculitis.

Figure 1 Brain MRI and Timeline of Meningitis Attacks and Treatment

Coronal T2-weighted (A) and axial T2-weighted (B) images demonstrating symmetric T2 signal hyperintensities in the hippocampi (red arrows) which were nonenhancing.
Inflammatory neurologic disorders including recurrent aseptic meningitis, meningoencephalitis, and acute hemorrhagic and nonhemorrhagic leukoencephalitis have also been associated with mutations in the CFI gene. To date, there are more than 100 different pathologic CFI mutations with single heterozygous variants most frequently reported in cases of autoimmunity. The heterozygous mutation in this patient was classified as a variant of unknown significance in accordance with ACMG guidelines, but computational and functional evidence with multiple in silico models predict that it is likely pathogenic. Furthermore, the same variant was previously associated with multiple cases of aHUS and AMD where radial immunodiffusion documented low CFI serum levels in 3 heterozygous variant carriers. Notably, a recent study reported that epithelial cells transfected with mutant (p.Gly287Arg) CFI plasmids expressed lower levels of recombinant CFI compared with those transfected with wild type in supernatants (49%) and lysates (26%) by ELISA and confirmed on Western blot. Another study found evidence of excessive activation in complement alternative pathway functional assays in a patient with aHUS and p.Gly287Arg. CFI is also characterized by intolerance to functional genetic variation, as indicated by a depletion of loss-of-function mutations (LoFtool score 0.157, range 0–1 with most haplo insufficient genes between 0 and 0.2), suggesting
that haploinsufficiency is the underlying mechanism in heterozygous patients such as ours. In short, the variant identified in our patient is rare, predicted to be deleterious, reported in related conditions, and is associated with lower CFI levels and possibly complement pathway disinhibition.

Our patient’s functional complement testing, component concentrations, and factor levels were normal, with the important caveat that these were only completed while he was on immunosuppressive therapy, which may have affected the results. The patient’s brother had normal functional complement testing, though testing was also performed while he was on immunosuppressive therapy (vedolizumab) for his ulcerative colitis. Furthermore, normal circulating complement levels have been shown in other cases of both complete and partial CFI deficiencies. Therefore, normal complement testing, especially outside the acute episodes, should not rule out a diagnosis of CFI-related disease.

Using RNA-seq data generated from the clinical mNGS assay, CSF gene expression resembled that of the bacterial meningitis cohort, suggesting similar inflammatory mechanisms including complement activation, which is known to occur in bacterial meningitis. Of importance, IL-1 receptor 2 (IL1R2) expression was upregulated, potentially as a negative feedback loop in response to IL-1 production. IL-1 upregulation is a key feature of autoimmune inflammatory syndromes, playing a role in the cytokine response responsible for recurrent episodes of inflammation. While the underlying link between the complement system and IL-1β remains unclear, it is plausible that dysregulation of the complement system and increase in inflammation that can mimic bacterial and other causes of infectious meningitis and highlights the importance of genetic testing in patients with uncertain diagnoses because it may identify treatable conditions. Additional research is needed to further investigate the underlying mechanisms by which CFI gene dysfunction can lead to CNS inflammation.

In summary, we present a case of a patient with a heterozygous nonsynonymous mutation in the CFI gene not previously associated with neurologic manifestations who presented with more than 15 episodes of aseptic neutrophilic meningitis and later meningoencephalitis who ultimately achieved an extended and ongoing clinical remission with canakinumab. Our patient’s phenotype concerning for an autoimmune inflammatory condition that was responsive to steroids and IL-1β inhibition and his extensive negative infectious, rheumatologic, and malignant evaluations lead us to believe the CFI mutation was causative. Diagnosis of adult-onset autoimmune inflammatory conditions remains challenging, given the underrecognition of the CNS complications of monogenic autoimmune inflammatory conditions and their variable clinical phenotypes. Our case adds to the emerging literature supporting the role of CFI mutations in fulminant neuroinflammation that can mimic bacterial and other causes of infectious meningitis and highlights the importance of genetic testing in patients with uncertain diagnoses because it may identify treatable conditions. Additional research is needed to further investigate the underlying mechanisms by which CFI gene dysfunction can lead to CNS inflammation.

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