Mass Cytometry of CSF Identifies an MS-Associated B-cell Population

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**Abstract**

**Objective**  
To identify an MS-specific immune cell population by deep immune phenotyping and relate it to soluble signaling molecules in CSF.

**Methods**  
We analyzed surface expression of 22 markers in paired blood/CSF samples from 39 patients using mass cytometry (cytometry by time of flight). We also measured the concentrations of 296 signaling molecules in CSF using proximity extension assay. Results were analyzed using highly automated unsupervised algorithmic informatics.

**Results**  
Mass cytometry objectively identified a B-cell population characterized by the expression of CD49d, CD69, CD27, CXCR3, and human leukocyte antigen (HLA)-DR as clearly associated with MS. Concentrations of the B cell–related factors, notably FCRL2, were increased in MS CSF, especially in early stages of the disease. The B-cell trophic factor B cell activating factor (BAFF) was decreased in MS. Proteins involved in neural plasticity were also reduced in MS.

**Conclusion**  
When analyzed without a priori assumptions, both the soluble and the cellular compartments of the CSF in MS were characterized by markers related to B cells, and the strongest candidate for an MS-specific cell type has a B-cell phenotype.

The demyelinating disease MS is associated with infiltration of immune cells into the CNS and with increases in various signaling molecules in the CSF. Immune cell infiltration into the CNS is involved in causing relapses because blockade of the integrin CD49d, used by lymphocytes in crossing the blood-brain barrier, reduces relapse frequency.1 Another clinical success has been the development of monoclonal antibodies against CD20, which deplete peripheral B cells.2 These observations raise several questions regarding the pathomechanism of MS, including (1) the kinds of immune cells that enter the CNS, particularly whether the therapeutic mechanisms targeting CD49d and CD20 involve the same cell type, and (2) the particular properties of the MS brain that attract immune cell ingress. Compared with donors with noninflammatory neurologic diseases, the CSF from patients with MS contains altered proportions of T cells, B cells, monocytes, and NK cells,3 but which of these are the targets of effective therapies remains unknown. Regarding the signaling factors

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involved in mediating immune cell CNS ingress, techniques including ELISA\textsuperscript{4} mass spectrometry,\textsuperscript{5} and aptamer-based measurement\textsuperscript{6} have suggested several candidates, but none has been shown to be MS specific. Rather, the signaling molecules that increase in the CSF during MS resemble those involved in other inflammatory CNS diseases.

Here, we attempted to identify a pathogenic cell population in CSF using unbiased analysis of data from a large panel of markers measured by cytometry by time of flight (CyTOF). Our rationale was that conventional flow cytometry and gating would limit our examination to cell types that have been characterized largely from peripheral blood. Using a larger panel and an unsupervised clustering approach enables better identification and characterization of the cell populations actually present in CSF. We applied the same strategy to an independent, large-scale analysis of soluble signaling molecules using a proximity extension assay to measure 296 proteins and analyzed the results with bioinformatics tools developed for the analysis of genomics data sets.

**Methods**

**Patients**

Samples from 82 patients undergoing lumbar puncture for diagnosis at the University Hospital Basel were used, whereof 48 were designated controls and 34 were patients with MS. Patient characteristics are summarized in the table and detailed in table e-1, links.lww.com/NXI/A390. Thirty-nine matched blood and CSF cell samples collected between March and December of 2016 were used for CyTOF, and 74 biobanked CSF samples (without cells) were retrieved from the Basel University Hospital CSF bank for proximal extension assay (PEA). The second set of samples included aliquots frozen from the same lumbar punctures as the CyTOF samples, and some additional samples pseudo-randomly chosen from the same collection period by a technician unaware of the goals of the study.

**Peripheral Blood Mononuclear Cells and CSF**

Peripheral blood mononuclear cells (PBMCs) were separated by density-gradient centrifugation (Lymphoprep, Axis-Shield, Oslo) according to the manufacturer’s recommendations, then permeabilized and fixed for 15 minutes at room temperature in permeabilization buffer with 0.1% bovine serum albumin (BSA), and 4% paraformaldehyde in at 5 million cells per milliliter. Fixed, permeabilized cells were then washed with cell staining buffer (PBS 0.1% BSA, 0.01% NaN3, 2 mM EDTA), frozen on dry ice and stored at –80°C until labeling.

CSF samples were centrifuged at 400g for 10 minutes at room temperature within 1 hour of lumbar puncture. Supernatants were aspirated, and pellets were resuspended, fixed, and permeabilized exactly like PBMCs.

**Barcoding and Labeling for CyTOF**

Frozen cells were thawed, pelleted at 420g for 5 minutes at 5°C, and resuspended in 800 μL permeabilization buffer. For postacquisition separation of CSF- and blood-derived cells, cells were labeled with unique barcodes (Cell-IDTM 20-Plex Pd Barcoding Kit, Fluidigm, CA). After 60 minutes, samples were washed twice in 2 mL of permeabilization buffer. CSF cells and PBMCs from the same patient were then pooled and incubated 10 minutes in 5% Human TruStain FcXTM Fc receptor blocking solution (BioLegend, San Diego) diluted in permeabilization buffer with 50 μL of antibody cocktail (table e-2, links.lww.com/NXI/A391) in permeabilization buffer. After 60 minutes, cells were washed with permeabilization buffer and stained with 500 μL Cell-ID Intercalator-Ir 125 μM (Fluidigm), diluted 1:500 in PBS. After 15 minutes, cells were washed with cell staining buffer followed by CHROMASOLV water. Barcoded cells were acquired over 1,000 seconds with multiple injections on the CyTOF mass cytometer (tuned and mass calibrated according to Fluidigm instructions) at 500 cells per second. During acquisition, data were dual-count calibrated and converted to.fcs files using the manufacturer’s settings. Noise reduction and cell extraction parameters were as follows: cell length 10–75 and lower convolution threshold 200.

**Reagents**

Antibodies were preconjugated from Fluidigm. Anti-FoxP3 antibody from BioLegend (cat: 3200001) was conjugated with 146Nd using the Maxpar® Antibody Labeling Kit from Fluidigm. DNA intercalator-Ir 191/193, 2000X, was from DVS, Cat #: 201192B, and cisplatin from Enzo Life Sciences.

**Proximity Extension Assay**

Proteins in CSF were characterized using a homogeneous PEA technique\textsuperscript{7} on 4 different commercial proteomics arrays (Inflammation I 96x96 #94300 lot#A70502, CVD III 96x96 #94600 lot#A70904, Immuno-Onc I 96x96 #94310 lot#A71807 and Neurology I 96x96 #94800 lot#A71301) from Olink (Uppsala, Sweden) using a 96.96 dynamic array integrated fluidic circuits (Fluidigm) running on a BioMark HD microfluidic PCR system (Fluidigm) following Olink specifications. Each array included 92 antibody pairs labeled with complementary oligonucleotides. Data were reported as normalized protein expression levels, applying Olink algorithms that standardized Ct values of samples to internal controls.

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**Glossary**

BSA = bovine serum albumin; CyTOF = cytometry by time of flight; FDR = false discovery rate; ICOS = inducible T-cell costimulator; PCA = principal component analysis; PEA = proximity extension assay; PBMC = peripheral blood mononuclear cell; PBS = phosphate-buffered saline.
Data Analysis

CyTOF data were analyzed using R Bioconductor package CATALYST (version 1.4.2) for normalization of signal drift over run time. We used PBMC barcode channels for normalization and a fixed separation cutoff of 0.3 for identification. Trend smoothing used $k$ equal to 10% of the total number of cells. Cells within each run were debarcoded with the automatic cutoff algorithm of CATALYST. Doublets were removed using DNA content and event length.

The flowCore (version 1.52.1) and flowStats (version 3.44.0) packages were used for normalization of asinh-transformed (cofactor 5) marker intensities across samples. The gaussNorm method was used for CD3, CD4, CD27, CD45RA, CD45RO, CXCR5, and HLA-DR. The CD49d and CXCR3 channels were centered and scaled; other channels were left unnormalized. All CSF cells were used, and 10,000 PBMCs per sample were randomly picked. One clear outlier patient on a heatmap of normalized intensities was excluded.

A self-organizing map was built using FlowSOM version 1.18.0, and cells were assigned to 100 grid points, which were then assigned to 16 metaclusters by consensus clustering using ConsensusClusterPlus version 1.50.0. CSF and PBMC cells were clustered using CD3, CD4, CD8, CD11b, CD11c, CD14, CD19, CD45RA, and CD45RO, and CSF cells were also clustered independently of PBMCs using all markers. Different starting seeds were used to test the stability of clustering results, and results were visualized using FIt-SNE. Cluster abundances across experimental conditions were compared using a generalized linear mixed model in the R package lme4 version 1.1-21, controlling for batch as fixed effect, and using a random effect for patients.

PEA Data Analysis

Only markers detected in at least 2 samples were retained. To better control the behavior of variance at low intensities, the undetected values for each marker were replaced with the lowest intensity value minus 10% of the range of intensities. Repeated measurements of the same marker were averaged. Three patients treated with steroids within 6 weeks preceding venipuncture were excluded. The final data set (296 markers from 74 patients) was normalized using quantile normalization. The first principal component was strongly associated with average intensity and CSF leukocyte number across patients, and further analysis used PC2 to PC10. MS and controls were compared using Bioconductor package limma version 3.42, and $p$ values were adjusted using the Benjamini-Hochberg false discovery rate (FDR) procedure.

Standard Protocol Approvals, Registrations, and Patient Consents

All patients signed an informed consent and agreed to an anonymous data analysis. The study was approved by the Ethical Commission of Basel Stadt and Basel Land.

Data Availability

Anonymous data will be shared by any qualified investigator on request.

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Abbreviations: CIS = clinically isolated syndrome; CyTOF = cytometry by time of flight; DMT = disease-modifying therapy; EDSS = Extended Disability Status Scale; NMO5D = neuromyelitis optica spectrum disorder; PPMS = primary progressive multiple sclerosis; RRMS = relapsing remitting multiple sclerosis.

a Mean and SD.
b Median and interquartile range.
c Disease-modifying treatment (steroids, beta-interferon, dimethyl fumarate, fingolimod, natalizumab, and methotrexate).
Results
Comparison of Blood and CSF Cells
We obtained CyTOF data from CSF of 25 control donors and 14 donors with MS, of which 2 had received rituximab and were analyzed separately. The resulting data were clustered with a benchmarked automated clustering routine; the clusters are displayed on the tSNE plot in figure e-1, links.lww.com/NXI/A386. First, we clustered all events together, without separating according to the anatomic compartment (blood vs CSF) or diagnosis. The clearest divisions corresponded to the 4 categories of T cells, B cells, NK cells, and myeloid cells (figure e-1, A–D), but the clustering approach enabled visualization of finer subgroups, such as the distinction within the T-cell population of CD45RA-expressing populations (clusters 13, 14, 15, and 16, figure e-1, A and C) vs CD45RO-expressing populations (clusters 1, 3, 4, 9, and 16, figure e-1, A and C). There were large differences in the abundances of these clusters between the blood and the CSF (figure e-1). In the T-cell compartment, cells in cluster 1 (expressing CD3, CD4, CD25, CD27, CD45RO, and CXCR3, i.e., memory T cells) were relatively more abundant in the CSF than in the blood. Conversely, clusters 13 and 14, also expressing CD3 and CD4 but characterized by positive CD45RA, negative CD45RO, and negative CD27, i.e., naive T cells, were more abundant in the blood. In the non–T-cell compartments, the most striking differences between blood and CSF were seen in clusters 5 and 7, of CD14-expressing monocytes, which were more abundant in blood (figure e-1E). This pattern of more naive T cells and innate cells such as monocytes in the blood than CSF matches previous reports.3 When analyzed this way, there were no significant differences between MS and control in any of the clusters in the CSF or blood, in line with previous findings.3,18 However, because the blood cells in the pooled analysis were hundreds of times more numerous than the CSF cells, the definitions of the clusters were dominated by the blood cells, and therefore unlikely to be appropriate for categorizing the CSF cells, whose phenotypes are very different (figure e-1E).

CSF From Donors With MS Contains Characteristic B Cells
To extract cell phenotypes more representative of the CSF, we repeated the clustering using only the CSF cells and plotted it in the same way (figures 1, A–C). This revealed 2 populations with significantly different relative abundance in CSF from patients with MS vs controls. First, a naive CD8+ T-cell population (cluster 4 in figures 1 and 2), expressing CXCR5, CD25, CCR7, TIGIT, and CD45RA, was reduced in the CSF of patients with MS, albeit only significantly before correction for multiple comparisons (p = 0.039, FDR = 0.31). Second, of the 3 B-cell clusters (clusters 8, 9, and 13), the subpopulation characterized by CD49d, CD45RA, CD20, high CD27, CD69, and CXCR3 expression (cluster 8 in figures 1 and 2) was significantly increased in MS (p = 0.0012, FDR = 0.0192). Two of the 3 B-cell populations, including the MS-associated cluster 8, expressed CD20, and these were reduced in rituximab-treated patients, whereas the CD20-negative cluster 9 was not; however, the small number of rituximab-treated patients precluded statistical inference.

If this MS-specific B-cell population is pathogenic, preventing its access to the CNS with natalizumab ought to increase its frequency in peripheral blood. To test this, we longitudinally analyzed blood from patients before and after the start of natalizumab. The CXCR3+ HLADR+ CD45RA+ B-cell population increased within the lymphocyte population by 63% (figure e-2, links.lww.com/NXI/A387).

Cytokines, Chemokines, and B Cell–Related Molecules Are Altered in MS CSF
To relate observed cellular characteristics to soluble signaling factors, we measured 296 proteins in CSF. First, we compared the concentrations of all analytes between donors with MS and controls. At an FDR cutoff of 5%, 162 analytes were differentially abundant in CSF between donors with MS or other diagnoses. The fold change levels of these differentially abundant solutes are shown as a volcano plot in figure 3 and as a heatmap in figure e-3, links.lww.com/NXI/A388. Several molecules were differentially abundant between MS and control whose binding partners were also different. These pairs of interacting proteins are compiled in table e-3, links.lww.com/NXI/A392. Most strongly increased in MS was the costimulatory receptor CD27, whose only known binding partner, CD70, was also more abundant. Other molecules differentially abundant at FDR < 10−3 can be classified into 4 categories: chemokines, cytokines, B cell–associated proteins, and neuronal signaling molecules. CCL4, CCL17, CCL28, and CXCL12 were positively associated with MS. Other chemokines including CXCL8, CXCL10, and CXCL13 also showed large fold changes in MS compared with controls, but the p values were also larger, reflecting greater heterogeneity within the MS group. Cytokines associated with MS were broadly of the Th2 type, including IL-5 (and its receptor), IL-33 (and receptor), as well as IL-13 and IL-21. We also observed higher levels of IL-4, IL-12 (and receptor), IL-18, IL-20, TNF-alpha, and TNF-beta. Three of the molecules most clearly different between MS and controls were noticeable because they are centrally involved in B-cell biology—TNFSF13B, ICOSLG, and FCRL2. TNFSF13B (tumor necrosis factor superfamily 13B, also called BAFF) is a critical survival factor for B cells,19 and was significantly less abundant in the CSF of donors with MS. Inducible T-cell costimulator (ICOS) is expressed by T cells (especially Th2 cells), and interaction with its ligand ICOSLG on B cells is costimulatory for both, leading to shedding of ICOSLG.20 ICOSLG was less abundant in the CSF of donors with MS. The Fc-receptor-like family FCRL1-5 are Fc B-cell-associated proteins, whereas the FCRL2 is more abundant in CSF from donors with MS. Finally, neuronal signaling molecules exhibited differences in abundance between MS and control CSF rivaling those of the immune-related molecules. For example, THY1 and NBL1 were significantly increased in MS, whereas a large
number of neural signaling molecules including ROBO2 and EPHB6, were reduced in MS.

To visualize the relationships between the soluble molecules and the clinical parameters, we subjected the Olink data to principal component analysis (PCA), whose major contributing factors are shown in figure 4A and plotted the individual donors on plots of the principal components PC1 and PC2 (figure 4B). Two findings emerge. First, the MS and non-MS CSF samples are displaced along a vector dominated by molecules involved in neuronal development and plasticity, such as ROBO2, EPHB6, CNTN5, UNC5C, RGMB, and MDGA1. Second, the molecules that we found to be strongly associated with MS, including soluble CD27, CXCL10, FCRL2, CHIT1, CDA8A, IL-12, and TNFSF14 form a second axis, orthogonal to the neuronal plasticity vector. On this MS disease activity vector, the early stages of MS are associated with a shift toward the lower right of the plot (clinically isolated syndrome and relapsing-remitting forms), whereas samples from donors at later stages of disease are found closer to the non-MS controls (figure 4B). Samples from treated patients also appeared closer to the center of the plot, although comparison of treated vs untreated patients with MS did not reveal significantly different molecules.

**Soluble CD27 and FCRL2 Correlate Strongly With MS-Associated B-Cell Population**

To elucidate the relationship between these soluble molecules and the cellular phenotypes characterized by CyTOF, we examined the correlation between each of the differentially expressed solutes and the abundances of the differentially abundant cell clusters (figure e-4, links.lww.com/NXI/A389). This revealed a group of genes including CD27, FCRL2, CXCL10, CXCL13 TNFSF14, and lymphotoxin-alpha, almost perfectly overlapping with the genes of the MS disease axis shown in figure 4, whose expression was strongly positively correlated with the abundance of the MS-associated B cell population (cluster 8 in figures 1 and 2). Independently
from this group, BAFF (TNFSF13B) was negatively correlated with cluster 8. Also using this hierarchical clustering of the soluble proteins, based on correlation with the cell-type abundances, a clear group emerges that resembles the neural plasticity axis from figure 4. Proteins of this group do not show a clear relationship with the abundance of the MS-associated B-cell population, reinforcing the inference that these 2 axes (disease activity and neural plasticity) are independent.

Discussion

CyTOF enabled the identification of an MS-associated B-cell population using an unsupervised clustering of all CSF cells. This population does not fit perfectly into the established phylogeny of precursor, naive, memory, and plasma cells and may be a CSF niche phenotype. Other than the MS-associated subpopulation, B cells were present in similar proportions in MS and control CSF, although previous studies have found slightly elevated B-cell frequencies in relapsing remitting multiple sclerosis. In comparison with the other B cell types, the most striking peculiarities of the MS-associated cluster are strong expression of CXCR3 and CD27, and expression of CD69. Very high CD27 is a characteristic of plasma cells, but neither bone marrow plasma cells nor circulating plasmablasts express CD20, which was weakly expressed on the MS-associated CSF B cells. The CD27-high, CD20-positive phenotype is observed in tonsil plasma cells and can be recapitulated in vitro by stimulating memory B cells with TLR9 ligand. This treatment drives secretion of IgM, but the MS-associated B-cell population is IgM negative. The features of CD20 and CD49d expression make this B-cell population a target for CD20-depleting and integrin-blocking treatments, and consistent with previous reports, cells with this phenotype accumulate in peripheral blood during natalizumab treatment. CXCR3 expression, which enables CXCL10-driven chemotaxis, may drive migration into the CNS. CXCR3 expression is atypical for blood B cells but characteristic of transformed B cells in chronic lymphocytic leukemia, although an increased
expression of CXCR3 on B cells in the CSF of patients with MS has been described.\textsuperscript{25} It was recently reported that CXCR3 expression on B cells in MS is driven by IFN-gamma and TLR9 stimulation.\textsuperscript{26} Although either stimulus induced the transcription factor t-bet in B cells, TLR9 stimulation was associated with switch to IgG1 memory B cells, while IFN-gamma stimulation lead to differentiation into plasmablasts. Differentiation into long-lived plasma cells can enable survival for decades in the CNS,\textsuperscript{27} whereas the phenotype of a memory cell is consistent with recent CNS ingress from the blood. The finding that MS CSF is characterized by a subtype of B cells is consistent with recent CNS ingress from the blood. The MS-associated reduction in the B-cell survival factor BAFF might be expected to have a negative influence on B cell abundance in the CSF, but it has been reported that the trophic action of astrocyte secretions for B cells in vitro is BAFF-independent.\textsuperscript{28}

These MS-associated B cells in the CSF have 3 possible effector mechanisms—they express HLA-DR and could stimulate T cells, and they could secrete pathogenic antibodies or inflammatory cytokines. The population is a small fraction of CSF cells, but its presence is robust to reanalysis with very stringent parameters for elimination of possible artifacts.

Several of the differentially expressed soluble factors suggest a significant involvement of B cells in MS and correlated with the MS-associated B-cell population. Most of the soluble markers could have various immune and nonimmune sources, but FCRL2 is thought to be B cell restricted and to inhibit B-cell receptor signaling.\textsuperscript{29} Its expression in blood was reported to correlate with neurodegeneration in MS,\textsuperscript{30} and it was identified as a potential MS-associated gene,\textsuperscript{31} and the possibility of a pathogenic involvement in MS is strengthened by our findings.

Our PCA suggests that an axis of disease is reflected in high levels of soluble CD27, FCRL2, CXCL10, CXCL13, TNFSF14, and IL-12, and with advancing disease duration, this trend is reversed. Orthogonal to this MS-disease-stage axis is the vector dominated by molecules involved in neural development. Controls were distributed along this vector, but samples from patients with MS were skewed toward the upper right, i.e., showed reduced expression of these genes. This can be interpreted as suggesting that MS suppresses the
ability of the CNS to counteract neurodegeneration with plasticity. Obvious candidates for plasticity-suppressive, MS-associated molecules include CXCL8 (IL-8) and CXCL1, whose vectors are diametrically opposed to the neural plasticity axis. Both are ligands of CXCR2, which is involved in the differentiation and migration of oligodendrocyte precursors, and whose disruption enhances remyelination in a mouse model. This interpretation has the encouraging implication that it should be possible to target this neural plasticity therapeutically, independently from immunomodulatory treatments.

CyTOF and the proximity ligation assay are well suited for assessing the complex phenotypes of cells and soluble molecules in CSF. Our integration of the 2 kinds of data identified a small population of B cells expressing CD27, CD20, and CXCR3 as the most characteristic cell population in the CSF of patients with MS and a soluble molecule phenotype characterized by CD27, CXCL10, and the B cell–specific membrane receptor FCRL2. Both the cellular and soluble signatures were observed in earlier disease stages and were diminished in secondary progressive patients. The MS-associated B-cell population that we observed, also expressing CD49d and CD20, ought to be responsive to already available treatments, albeit possibly more effectively so at earlier stages of the disease, before these cells enter the CNS. Other possible therapeutic options include targeting CXCR3 or CXCR2.

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Disclosure
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# Appendix Authors

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# References
